

# Lesson Plan

## Objectives

### Invite, 10 minutes

**The Seven Sacraments** Page 233

## Process

-  **Psalm 100:1–2** Pray the opening prayer.
-  **Ephesians 1:3, 7–8** Reflect prayerfully on the Word.
  - Discuss What Do You Wonder questions.

## Materials

-  **Optional Activity**  
Chapter Story:  
“I Will Remember”

### Discover, 35 minutes

**Present Through Time** Pages 234–235

- Recognize that God the Father sent his only Son, Jesus, as a sign of his love for all people
- Recognize that each of the Seven Sacraments are effective signs of God’s life, instituted by Christ and given to the Church, so that Jesus can continue his saving work in the world
- Begin to develop an understanding that the visible signs and Divine actions in each celebration give grace and allow us to share in God’s work

**The Eucharist** Pages 236–237

- Identify that the Sacrament of the Eucharist is at the heart of Christian life

- **Catholic Faith Words** Incarnation, Seven Sacraments
- Explain that the Incarnation is a sign of God’s love for us.
-  **John 14:6–7** Proclaim the Scripture story.
  - Explain that Jesus is present in the Seven Sacraments.
- **Share Your Faith Activity** Explain how Jesus is present in one of the Seven Sacraments to a partner.
  - ★ Underline what Jesus promised the disciples and how he fulfills this promise today.
- **Catholic Faith Words** Eucharist
- Explain that Jesus ate meals with friends.
-  **Luke 22:17–20** Proclaim “The Last Supper.”
  - Explain Jesus’ presence in the Eucharist.
- **Connect Your Faith Activity** Write a paragraph about the Sacraments.

- pencils
- index cards
- **Optional Activity**  
Seven Sacraments
- Activity Master 17 (Page 233E)

- pencils
- index cards

### Live, 15 minutes

**Our Catholic Life** Pages 238–239

**Prayer of Petition** Page 240

- Explain participation in Mass.
- ★ Identify when you feel close to God at Mass.
- **People of Faith** Learn about Saint Margaret Mary Alacoque.
- **Live Your Faith Activity** Make a poster.

-  Rehearse “We Come to the Table.”
- Follow the order of prayer.

- pencils
- crayons or markers
- Student Books

-  Download “We Come to the Table.”

**Family + Faith** Page 241

Point out that the Catholic Families page provides chapter highlights, information on how fourth graders understand faith concepts, and family prayer.

**Chapter Review** Page 242

-  [aliveinchrist.osv.com](http://aliveinchrist.osv.com)
- Customize and Download Assessments
- Email Links to eAssessments
- Interactive Student Reviews

# The Seven Sacraments

## Preparation for the Session

**Turn to Page 241,**  
the Family + Faith page.

**Read** the **Consider This** feature. What thoughts or reactions do you have to the opening question?

In this chapter you will cover the following objectives:

- Recognize that God the Father sent his only Son, Jesus, as a sign of his love for all people
- Recognize that each of the Seven Sacraments are effective signs of God's life, instituted by Christ and given to the Church, so that Jesus can continue his saving work in the world
- Begin to develop and understanding that the visible signs and Divine actions in each celebration give grace and allow us to share in God's work
- Identify that the Sacrament of the Eucharist is at the heart of Christian life

**Parents, Consider This:** *Signs and symbols are essentials of communication. Signs and symbols point to realities that are greater and richer than the symbols themselves. Sacraments bring about these spiritual realities. The Seven Sacraments are filled with symbols of many types: water, light, fire, darkness, washing, eating, and drinking. Through the Sacraments, believers are enveloped in the mystery of God. As you study this together, invite your family to see the Sacraments and their symbols with new eyes and to understand them afresh.*

**Read** these other sections on the Family + Faith Page.

- *Your Child Learned.* This highlights some of the content of Sacred Scripture and Tradition in the chapter.
- *Children At This Age.* This will help you to understand how your child processes and learns at this developmental level.



**Let's Sing:** These songs connect the session topics and can be downloaded from [aliveinchrist.osv.com](http://aliveinchrist.osv.com).

- We Come to the Table
- The Supper of the Lamb

## INVITE: Encountering God in His Word

After gathering the supplies that you will need, find a quiet place to be with your child. This is a sacred time—a time when you will be present to each other and to the Lord. You may want to light a candle as you begin.



**Let Us Pray** Invite your child to make the Sign of the Cross. Read aloud the Psalm verse from the book. Help your child to respond.

**Explain** that the Seven Sacraments are signs of God's love for us.

**Say:** We bless God the Father for sending us his Son, who gave us the Seven Sacraments as powerful signs of God's love for us.



**Guide** your child through the Preparing for God’s Word Ritual you learned in the Introduction Session or play Track 1 of the *Songs of Scripture* CD.

- Proclaim God’s Word in the Parchment Paper box on the page.
- Maintain several moments of silence.
- Ask: What did you hear God say to you today?

**Invite** your child to respond and also share what you heard.

Now, look at the *What Do You Wonder?* box.

**Say:** We celebrate these signs with gladness, for we know that in our celebration, Jesus is present with us. In our celebration, we are made sharers in the life and love of God.

**Invite** your child to respond to the questions. Prompt what else they might wonder about blessings or the Sacraments.

## DISCOVER: Learning God’s Truth

**Turn to Page 234,**  
Present Through Time

**Read** the opening question and the first two paragraphs. Encourage your child to memorize John 14:6-7 to help to remember that Jesus is the way to the Father.

**Read** the definition of **Incarnation** in the Catholic Faith Words box.

**Ask:** What are signs of God’s presence that you have seen today? What do those signs tell you?



**Proclaim** the Scripture. Ask your child to listen as you tell them about a special sign that God sent the whole world.

**Turn to Page 235,**  
Visible Signs and Divine Action

**Read** aloud the first paragraph. Ask your child to listen to find out how Jesus is present to followers today.

**Have** your child to silently read the second paragraph. Review the definition of the Catholic Faith Word, **Seven Sacraments**, on page 234.



**Do** the gold-star activity.

**Call** attention to the ribbon of Sacraments at the bottom of pages 234-235. Review the Seven Sacraments.

## Activity

**Do** the Share Your Faith activity with your child. Share some of your experiences while celebrating the Sacraments.

**Parents, Consider This:** Your child's First Communion Day was an important day in your family. The mystery of God's Real Presence in the Eucharist is something beautiful and significant that, hopefully, continues to unfold in each of your lives. Pray for that for each person in your family.

**Turn to Page 236,**  
The Eucharist

**Read** the opening question and introductory paragraph.



**Proclaim** the Scripture in the Parchment Paper box.

**Ask:** Where have you heard these words of Jesus before?

**Read** aloud the last paragraph.

**Turn to Page 237,**  
Act of Thanksgiving

**Read** aloud the first paragraph. Tell your child to listen for the word Eucharist and what happens during the celebration of the Sacrament. Review the definition of **Eucharist** in the Catholic Faith Words box.

**Ask** your child if he or she knows what living the Eucharist means. Explain that Jesus is really present to his followers in the Eucharist and that he expects them to live in a certain way.

**Read** aloud the last paragraph. Ask your child to recall his or her First Communion and what they remember about that day.

## Activity

**Have** your child complete the Connect Your Faith activity.

**Parents, Consider This:** The Eucharist unites us to Christ. "Living the Eucharist" means continuing Jesus' work in the world. The U. S. Conference of Catholic Bishops calls Catholics to live every day "engaged and challenged, encouraged and empowered" in their faith. In your dinner conversation, or at bedtime prayer, ask your child one way he or she might bring Christ's love to the world.

## LIVE: Living Our Faith

**Turn to Page 238,**  
Our Catholic Life

**Read** aloud the opening question and the two paragraphs.



**Do** the gold-star activity.

**Turn to Page 239,**  
People of Faith

**Read** the paragraph about Saint Margaret Mary Alacoque.

- Share your reactions to the information.
- Talk about your family's devotion to the Eucharist.

## Activity

**Have** your child complete the Live Your Faith activity.

**Turn to Page 241,**  
Family + Faith Page and  
conclude with the Let's Pray  
prayer on this page.

**Parents, Consider This:** *It's important to form our children in the common language of prayer. We encourage you to pray Holy, Holy, Holy Lord (see Page 323), during your night prayer this week.*



To access and send an eAssessment to your child, go to the Student and Family section of [aliveinchrist.osv.com](http://aliveinchrist.osv.com).